



April 3rd - 7th is Adolescent Immunization Action Week (#AIAW23).

UNITY Consortium is urging parents, healthcare providers, and adolescents to help keep adolescents up to date on their immunizations.

Vaccination helps prevent adolescents and young adults from getting sick and missing out on activities that are important to them.

Immunizations are safe, effective, and timed to start protecting adolescents before they are likely to be exposed to serious, potentially life-threatening diseases, including meningitis, tetanus, diphtheria, whooping cough, HPV-related cancers, COVID-19, and flu.

One in five kids—adolescents and elementary-age—are thought to be behind on routine vaccination. Traditionally, kids get vaccines at wellness check-ups, public health clinics, or as part of their school or sports preparations, but the pandemic got in the way for many of us.

Adolescent immunizations are timed to start protecting kids before they are likely to be exposed to serious, potentially life-threatening illnesses, so it's important for them to be up to date.

Some vaccines require more than one dose to provide the best protection. Each recommended dose is important, so families are encouraged to take advantage of any upcoming school breaks or holidays to fit in those appointments.

It is natural to have questions about vaccines. Talking with your family or school healthcare provider is the best way to get answers and make your kids part of the discussion.

[Adolescent Immunization Action Week 2023 - Unity Consortium \(unity4teenvax.org\)](https://unity4teenvax.org)

